

Benel

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1 Adjustable Headrest

Adjust the height and angle of the headrest to provide head and neck support.

2 Adjustable Lumbar Support

Height of lumbar support can be adjusted to comfortably support the natural curve of your spine.

To adjust upwards, move the lumbar support pad up.

To adjust downwards, ensure that the lumbar support pad is moved all the way up before adjusting downwards.

3 Adjustable Armrests

Armrests can be adjusted vertically to accommodate different arm lengths from the shoulder to elbow. Engage the lever while pulling the armrests up or down to adjust armrest height.

4 Backrest Lock

Lock your chair in an upright or reclined position.

Push lever down while in a reclined position to engage the backrest lock.

To release, pull lever upwards and lean back into the chair to release the safety mechanism.

5 Adjustable Seat Depth

Adjust depth of seat to accommodate longer upper leg lengths.

To increase seat depth, slide the seat outwards while the lever is depressed.

To return the seat to its original position, depress the seat depth adjustment lever again.

6 Adjustable Seat Height

Adjust the seat height according to individual preference for better blood circulation in your lower limbs.

To raise the seat, pull the seat adjustment lever upwards and take your weight off the chair.

To lower the seat, pull the seat adjustment lever upwards while seated.

7 Tension Control

Adjust the amount of back resistance according to your weight and preference.

To tighten recline tension, pull the lever out and turn clockwise.

To loosen tension, turn lever counter-clockwise.