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User Guide

Benel

www.benel.com.sg





① **Adjustable Headrest**

Adjust the height of the headrest to provide head and neck support while you are in a reclined position.

② **Adjustable Lumbar Support**

Height of lumbar support can be adjusted to comfortably support the natural curve of your spine.

③ **Adjustable Armrest**

Armrests can be adjusted vertically to accommodate different arm lengths from the shoulder to elbow.

④ **Backrest Lock**

Backrest lock allows locking at an upright or comfortable reclined position.

⑤ **Tension Control**

Tension control allows user to adjust the amount of resistance according to one's weight and preference.

⑥ **Adjustable Seat Height**

Adjust the seat height according to individual preference for better blood circulation in your lower limbs.